

**MULTILINGUAL  
COMPETENCE AND  
CULTURAL DISCIPLINES  
ADULT EDUCATOR MANUAL**





# MICRO-LEARNING RESOURCES TO RE-ENGAGE LOW-SKILLED ADULT LEARNERS IN EDUCATION AND TRAINING

## Adult Educator Manual

The aim of this short handbook is to support you, as an experienced educator working with low-skilled and marginalised adult learners, with diverse needs, to use the video resources and the activity sheets provided in the Suite of Micro-Learning Resources to Re-Engage Low-Skilled Adult Learners in your centre and in your community. Through this short manual, we will provide you with some background information on the topic being discussed in the video resource and provide some guidance to support you to introduce and implement the accompanying activity with adult learners in your group. The activity that has been developed to accompany the video resources aims to further develop their understanding of the topic outlined in the video resource. Finally, this manual will also present you with some de-briefing questions that you can use in your group of adult learners, to assess the user-friendliness and quality of the activity you have completed with them.

The topic of this manual relates to the video resources *Building Multilingual Competencies through Culture*.

## INTRODUCTION TO THE TOPIC

The culture of a country such as traditions, cooking, national holidays, gestures, communication or traditional music can help low-skilled adults develop their multilingual competencies. Throughout the ONE-STEP UP resources, low-skilled adults can explore how these learning materials can positively impact their ability to work with vocabulary and grammar.

## INTRODUCTION TO THE ACTIVITY

In the Learner Handout, low-skilled adults have the opportunity to delve into the initiative done by the city of Paris called “Adult Lessons” which offers training in foreign languages. These courses are interactive and change from the ordinary ones because they focus not only on the technical and grammatical aspects of the language but also explore the world of cooking, cinema or literature. These language courses also immerse themselves in the culture of the target language.

Moreover, learners have the possibility to engage in the fun and interactive “A little cultural trip at home” activity. They will discover how listening to traditional music and cooking typical dishes of the target language can improve their ability to talk and communicate in another language. With this, you can inspire learners to discover how cultural disciplines can lead to significant improvements in their multilingual skills.

## USING THIS RESOURCE WITH A GROUP

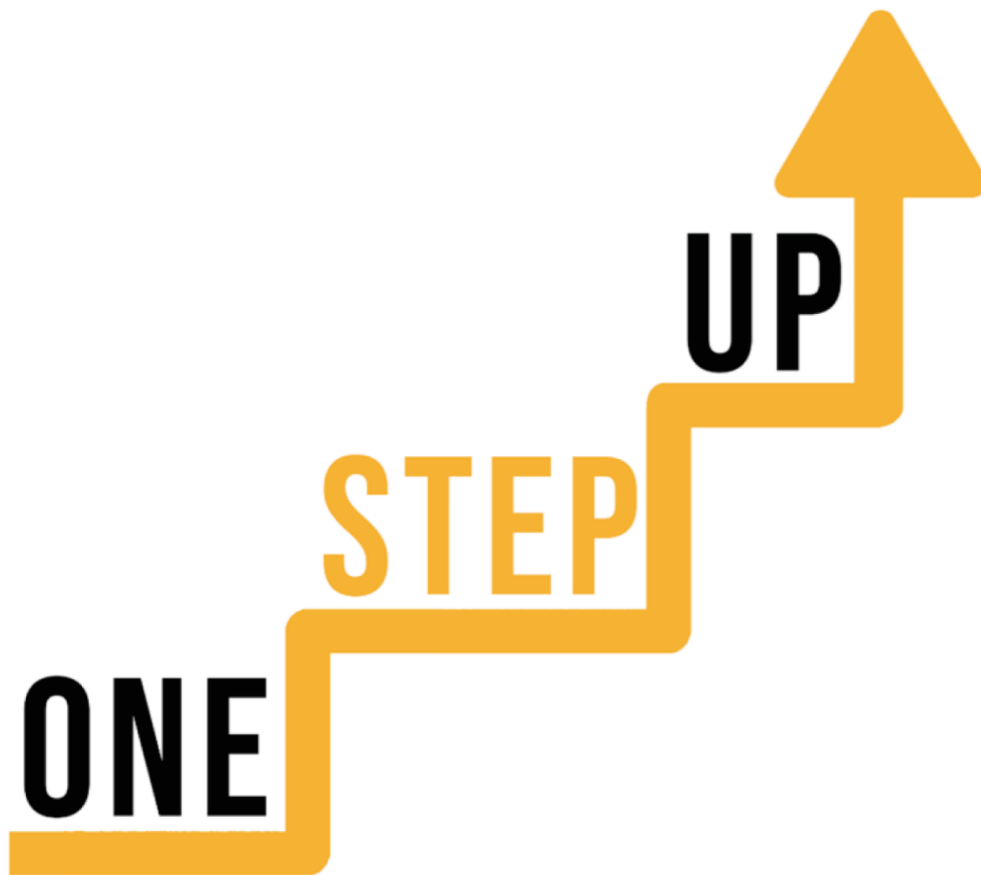
To use this resource with adult learners in your local group, we recommend that you begin by showing them the video resource to introduce the theme of *Multilingual Competencies and Cultural disciplines*. This video will help learners to understand the topic before they begin the Learner Handout activity. Once they have gained a general knowledge of the theme, they will be able to begin the handout. For this, we recommend that you print one handout per learner to complete. All learners need for this resource is a pen to complete the learner handout and a computer to view the video. This resource will take one hour in total to complete.

## DE-BRIEFING QUESTIONS

Here are some potential debriefing questions for participants to reflect on after completing the case study and activity:

- What surprises you the most about the ESL Language Plus Cooking programs?

- What surprises you the most about the Adult Lessons initiative from the City of Paris?
- In what ways did these programs/initiatives go beyond just teaching language skills?
- What is one key takeaway that you will bring with you from this case study and activity? How will you apply it to your own life or work?
- What was your experience like during the “A little cultural trip at home” activity? Did you find it helpful in improving your language skills?
- How can culture be incorporated into education or training programs for low-skilled adults to improve their language skills?



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